



## Ultimate EFA Plus™

Item #220989

This proprietary blend of essential fatty acids from borage, flax and fishoils is formulated to support the body in many ways. EFA's have been shown to support healthy coronary function. With today's active lifestyles and less-than-adequate eating habits, getting enough essential fatty acids is more important than ever.

\*Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. The FDA has evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. Ultimate EFA™ Plus should be used as part of a complete nutritional program that includes Majestic Earth® Ultimate Classic™.

### EFA™ Plus

#### SUPPLEMENT FACTS

Serving size: 1 Capsule      Servings per Container: 90

	Amount Per Serving	%Daily Value	<b>Average Fatty Acid Analysis: (One Capsule)</b>	
Calories	12		Alpha Linoleic acid (Omega 3)	212 mg
Calories from Fat	11		Linoleic acid (Omega 6)	174 mg
Total Fat	11	1.50%	Oleic acid (Omega 9)	134 mg
Saturated Fat	0.17 g	<1%	Gamma linoleic acid (GLA)	76 mg
Polyunsaturated Fat	9.4 g	*	Eicosapentaenoic Acid (EPA) (Omega 3)	10 mg
Monounsaturated Fat	1.3 g	*	Docosahexaenic Acid (DHA)	80 mg

\*\*Percent Daily Values are based on 2000 calorie diet

\* Daily Value not established.

**Ingredients Per Serving:** Borage seed oil, flax seed oil, fish oil and natural Vitamin E.  
Soft gel Capsule (gelatin, glycerin and water)

#### CHAQUE CAPSULE CONTIENT:

Calories	12
Calories de grasses	11
Graisses totales	1.2 g
Graisses saturées	170 mg
Composants Actifs:	
Vitamine E (mélange de tocophérols)	10 IU
Omega-3	
Acide Alpha Linoléique	212 mg
Acide Eicosapentaénoïque	120 mg
Acide Docosahexaénoïque	80 mg
Omega-6	
Acide Linoléique	174 mg
Acide Gamma Linoléique	76 mg
Omega-9	
Acide Oléique	134 mg

**Ingrédients:** Huile de graines de Bourrache, huile de graines de Lin, huile de corps de poissons et vitamine E naturelle.

Gellules Softgel (gélatine, glycérine et eau)