



Ultimate EFA™

The perfect supplement for vegetarians! Ultimate EFA™ is a 100% organic blend of flax seed oil and borage oil. This product is a must-have for those concerned about maintaining health in an organic way.

Item #220641 (60)

Item #221832 (180)

*Consumption of Omega-3 fatty acids may reduce the risk of coronary heart disease. The FDA has evaluated the data and determined that, although there is scientific evidence supporting the claim, the evidence is not conclusive. Ultimate EFA™ should be used as part of a complete nutritional program that includes Majestic Earth® Classic™.

- Promotes optimal health and well-being
- Supports healthy heart function
- Supports cardiovascular health

EFA™

SUPPLEMENT FACTS			Average Fatty Acid Analysis: (One Capsule)	
Serving size: 1 Capsule	Amount Per Serving	%Daily Value		
Calories	9		Alpha Linoleic acid (Omega 3)	455 mg
Calories from Fat	9		Linoleic acid (Omega 6)	190 mg
Total Fat	1 g	1.50%	Oleic acid (Omega 9)	175 mg
Saturated Fat	0.1 g	<1%	Gamma linoleic acid (GLA)	35 mg
Polyunsaturated Fat	0.7 g	*	Docosahexanoic Acid (DHA)	10 mg
Monounsaturated Fat	0.18 g	*	Vitamin E (natural source)	3 IU

**Percent Daily Values are based on 2000 calorie diet

* Daily Value not established.

Ingredients Per Serving: Flax seed oil (*Linum usitatissimum*) 830mg, herbicide/pesticide-free borage seed oil (*Borago officinalis*) 170mg, and soft gel capsule (gelatin, vegetable glycerin, carob [for coloring], and purified water).

Chaque capsule Softgel contient:

Huile de graines de lin organique (<i>Linum usitatissimum</i>)	830 mg*	* Chaque capsule contient en moyenne 455 milligrammes d'acide linoléique. La consommation de la quantité recommandée d'acide linoléique, un aliment essentiel, fait partie d'une alimentation saine.
Huile de graines de bourrache (<i>Borago officinalis</i>)	170 mg*	

Capsules Softgel (gélatine, glycérine végétale, caroube (colorant), et eau purifiée).